

## Energy Essay Rubric

**Title:** *A Day in the Life of (your name)...*

### Requirements:

Two (2) pages

Typed

Double spaced

Times 12pt font

10 pts

### Essays must:

Be free of typographical and grammatical errors

5 pts

Include all five forms of energy

5 pts

Mention at least two *transfers* of energy

2 pts

Include two manifestations of Mechanical Energy (Potential and Kinetic)

2 pts

Include an example of the Law of Conservation of Energy

2 pts

Include an example of Work-Energy Theorem

2 pts

Creativity

2 pts